

PROCLAMATION

WHEREAS:

January 30th, 2019 marks the 9th Annual Bell Let's Talk

Day, a day of conversation and mental health; and

WHEREAS:

Bell Let's Talk Day promotes mental health awareness, acceptance and action built on 4 key pillars: fighting stigma, improving access to care, supporting world-class research and leading by example in workplace mental

health; and

WHEREAS:

The City of Saint John raises a flag to celebrate Bell Let's Talk Day to encourage you to join the conversation through calls, texts, and social media interactions to drive Bell's

donation to mental health past \$100 million.

NOW THEREFORE: I, Mayor Don Darling,

of Sain

John do hereby proclaim Wednesday, January 30th, 2019 be recognized as "Bell Let's Talk Day" in the City of Saint John and encourage support of this campaign.

In witness whereof I have set my hand and affixed the official seal of the Mayor of the City of Saint John.